



Texas A&M University Health Services

Who We Are

About Us

University Health Services empowers Texas A&M students through integrated care that supports their physical and mental health. As part of Texas A&M Health, students receive the highest level of care in medicine, counseling, prevention and Emergency Medical Services that fosters their academic, personal and professional success. Join us to learn more about the services and resources available to students at Texas A&M.

Mission

University Health Services is dedicated to empowering our diverse student body through integrated care that supports their physical and mental health. We are committed to partnerships that support student health.

Vision

To be leaders in university health care through innovation, transformation and impact.

Reference How-To

In alignment with the Texas A&M Health Style Guide, University Health Services avoids use of acronyms. Additionally, as a single, united entity, University Health Services does not divide its personnel and functions into separate units or departments. Rather, it operates through a variety of service lines which may collaborate and communicate with each other, as appropriate, for maximum organization efficiency and student benefit.

FIRST & SUBSEQUENT REFERENCES: University Health Services

SERVICE LINES SAMPLE REFERENCES: "I work in counseling at University Health Services" or "University Health Services offers physical therapy."

Quick Links

To expedite and optimize access to care, University Health Services utilizes a wide array of tx.ag links in promotional materials and messaging. These links are created and maintained by the Marketing & Communications liaisons to University Health Services.

APPOINTMENTS: tx.ag/UHSappointment

OUTREACH: tx.ag/UHSoutreach

SELF-HELP: tx.ag/UHSselfhelp

TELUS HEALTH STUDENT SUPPORT APP: tx.ag/supportapp

STUDENT FEEDBACK: tx.ag/UHSfeedback

Locations & Facilities



A.P. Beutel Student Health Center

311 Houston St.,
Bldg 520

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HOURS: M-F,
8:00 a.m.-5:00 p.m.



Aggie Recovery Community

401 Joe Routt Bl.,
Bldg 0446 (10th Floor)

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HOURS: M-F,
8:00 a.m.-5:00 p.m.



Student Counseling & Mental Health Care Center

471 Houston St.,
Bldg 1546 (4th Floor)

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HOURS: M-F,
8:00 a.m.-5:00 p.m.

Embedded Counselor Locations

College of Agriculture & Life Sciences | College of Arts & Sciences
College of Education & Human Development | College of Engineering
Graduate and Professional School | Office for Student Success
School of Veterinary Medicine & Biomedical Sciences
University Libraries | University Police Department
Higher Education Center (McAllen) | School of Dentistry (Dallas)
School of Law (Fort Worth)



Services & Resources

COUNSELING & MENTAL HEALTH CARE

No-cost counseling appointments and related services are available to currently enrolled students.

SERVICES

In-person and virtual options available.

- Individual Counseling
- Single Session Counseling
- Quick Checks
- Crisis Counseling

GROUP COUNSELING & WORKSHOPS

Group counseling connects students with peers facing similar circumstances or challenges to learn coping techniques in a brave space.

Virtual and in-person workshops provide opportunities to increase different coping skills and wellness habits aimed towards improving mental health and wellbeing in 1-3 sessions.

ASSESSMENT & REFERRAL SERVICES

- Career Testing & Counseling
- Learning Disability & ADHD Screenings
- Community Referrals
- Alcohol & Other Drug Services

LET'S TALK

Counselors converse informally with students about wellness and support resources at locations across campus.

PRIMARY & SPECIALTY MEDICAL CARE

PRIMARY CARE

In-person and virtual options available.

- Acute Illnesses & Injuries
- Attention-Deficit Hyperactivity Disorder (ADHD) Services
- Sexual Health

NURSE CLINIC

Nurse Clinic offers students additional availability for medical or mental health appointments, including some walk-in appointments. Telephone consults are available on weekdays, 8:00 a.m.-5:00 p.m. at **979.458.8310**.

TRAVEL MEDICINE

Students traveling out of the country have the opportunity to receive medical guidance and recommended immunizations before their scheduled departure.

ALLIED HEALTH

Comprehensive healthcare options offer students a variety of opportunities to address health-related needs as conveniently and cost-effectively as possible. Allied Health units include:

- Laboratory
- Nutrition Services
- Pharmacy
- Physical Therapy
- Radiology

PREVENTION & POPULATION HEALTH

EVENTS

- 12th Paw
- Howdy Health Fair
- Von's Vision
- Wellness Walks

INITIATIVES

Suicide Awareness & Prevention:

Programming and training opportunities strive to reduce stigma, raise awareness and offer support.

OUTREACH

Outreach connects University Health Services with our Texas A&M community through presentations, resource tables and participation in panels or student projects.

SELF-HELP RESOURCES

A robust online resource library offers insight into topics such as anxiety, career planning, study habits, depression, gratitude, grief, wellness practices, relationships, self-compassion, sleep and more.

AGGIE RECOVERY COMMUNITY

SERVICES

- Addiction Services
- Support Groups

Students can apply for the Aggie Recovery Community at tx.ag/uhsrecovery.

University Health Services charges \$15 for basic primary care office visits at the A.P. Beutel Student Health Center. Other visit types may incur a higher charge based on the level of service, such as telemedicine, mental health, specialty visits, or other visits with complex or multiple complaints.

For other services provided, discounted fees may be offered. These charges can be applied to the student's fee account, which will then be paid to Student Business Services. University Health Services also accepts all major credit cards, checks (with driver's license, state issued identification card, or passport), as well as payments from insurance plans.

EMERGENCY MEDICAL SERVICES

Emergencies: 911 | Non-emergency phone: 979.845.1525 | General inquiries: tamuems@ems.tamu.edu

LOCAL EMERGENCY RESPONSE

Emergency Medical Services is a campus-based emergency medical provider that responds to emergencies on the Texas A&M campus. Texas A&M University EMS offers its services to all students, faculty, staff and visitors on the Texas A&M campus and community.

EVENT PRESENCE

Texas A&M University EMS is able to assist in providing medical coverage for events, offering an assortment of services and providing different levels of credentialed staff to meet specific needs. In addition to medical coverage, Texas A&M EMS also offers CPR classes.

TELUS Health Student Support App:

Students can access **free** and **confidential** professional counseling in multiple languages 24/7 via phone or chat. The app also offers mental health assessments, self-care resources and a peer support community.