Who We Are

About Us
University Health Services empowers Texas A&M students through integrated care that supports their physical and mental health. As part of Texas A&M Health, students receive the highest level of care in medicine, counseling, prevention and Emergency Medical Services that fosters their academic, personal and professional success. Join us to learn more about the services and resources available to students at Texas A&M.

Mission
University Health Services is dedicated to empowering our diverse student body through integrated care that supports their physical and mental health. We are committed to partnerships that support student health.

Vision
To be leaders in university health care through innovation, transformation and impact.

Reference How-To
In alignment with the Texas A&M Health Style Guide, University Health Services avoids use of acronyms. Additionally, as a single, united entity, University Health Services does not divide its personnel and functions into separate units or departments. Rather, it operates through a variety of service lines which may collaborate and communicate with each other, as appropriate, for maximum organization efficiency and student benefit.

FIRST & SUBSEQUENT REFERENCES: University Health Services
SERVICE LINES SAMPLE REFERENCES: "I work in counseling at University Health Services" or "University Health Services offers physical therapy."

Quick Links
To expedite and optimize access to care, University Health Services utilizes a wide array of tx.ag links in promotional materials and messaging. These links are created and maintained by the Division of Marketing & Communications liaisons to University Health Services.

APPOINTMENTS: tx.ag/UHSappointment
HELPLINE: tx.ag/helpline
OUTREACH: tx.ag/UHSoutreach
SELF-HELP: tx.ag/UHSSelfhelp
TELUS HEALTH STUDENT SUPPORT APP: tx.ag/supportapp
STUDENT FEEDBACK: tx.ag/UHSfeedback

Locations & Facilities

A.P. Beutel Student Health Center
311 Houston St., Bldg 520
HOURS: M-F | 8:00 a.m.-5:00 p.m.

Student Counseling & Mental Health Care Center
471 Houston St., Bldg 1546 (4th floor)
HOURS: M-F | 8:00 a.m.-5:00 p.m.

Embedded Counselor Locations
College of Agriculture & Life Sciences  |  College of Arts & Sciences
College of Education & Human Development  |  College of Engineering
Graduate and Professional School  |  Office for Student Success
School of Veterinary Medicine & Biomedical Sciences  |  University Libraries
University Police Department  |  Higher Education Center (McAllen)
School of Dentistry (Dallas)  |  School of Law (Fort Worth)

MAIN: 979.458.4584, HELPLINE: 979.845.2700  |  uhs.tamu.edu  |  uhsinfo@tamu.edu
Services & Resources

COUNSELING & MENTAL HEALTH CARE
No-cost counseling appointments and related services are available to currently enrolled students.

SERVICES
In-person and virtual options available.
- Individual Counseling
- Single Session Counseling
- Quick Checks
- Crisis Counseling

GROUP COUNSELING & WORKSHOPS
Group counseling connects students with peers facing similar circumstances or challenges to learn coping techniques in a brave space.

Virtual and in-person workshops provide opportunities to increase different coping skills and wellness habits aimed towards improving mental health and wellbeing in 1-3 sessions.

ASSESSMENT & REFERRAL SERVICES
- Career Testing & Counseling
- Learning Disability & ADHD Screenings
- Community Referrals
- Alcohol & Other Drug Services

LET’S TALK
Counselors converse informally with students about wellness and support resources at locations including Multicultural Services, Hotard Hall, International Student & Scholar Services, Student Life Center, the School of Education & Human Development, University Libraries, the Veteran Resource & Support Center and Zachry.

PRIMARY & SPECIALTY MEDICAL CARE
In-person and virtual options available.
- Acute Illnesses & Injuries
- Attention-Deficit Hyperactivity Disorder (ADHD) Services
- Sexual Health

NURSE CLINIC
Nurse Clinic offers enrolled students additional availability for medical or mental health appointments, including some walk-in appointments. Telephone consults are available on weekdays, 8:00 a.m.-5:00 p.m. at 979.458.8310. Dial-a-Nurse provides after-hours assistance at 979.458.8379.

TRAVEL MEDICINE
Students traveling out of the country have the opportunity to receive medical guidance and recommended immunizations before their scheduled departure.

ALLIED HEALTH
Comprehensive healthcare options offer students a variety of opportunities to address health-related needs as conveniently and cost-effectively as possible. Allied Health units include:
- Physical Therapy
- Nutrition Services
- Laboratory
- Radiology
- Pharmacy

PREVENTION & POPULATION HEALTH

EVENTS
- 12th Paw
- Coffee with a Counselor
- Color with a Counselor
- Vaccine clinics
- Von’s Vision

INITIATIVES
Suicide Awareness & Prevention:
Programming and training opportunities strive to reduce stigma, raise awareness and offer support.

OUTREACH
Outreach connects University Health Services with our Texas A&M community through presentations, resource tables and participation in panels or student projects.

SELF-HELP RESOURCES
A robust online resource library offers insight into topics such as anxiety, career planning, study habits, depression, gratitude, grief, wellness practices, relationships, self-compassion, sleep and more.

University Health Services charges $15 for basic primary care office visits at the A.P. Beulé Student Health Center. Other visit types may incur a higher charge based on the level of service, such as telemedicine, mental health, specialty visits, or other visits with complex or multiple complaints.

For other services provided, discounted fees may be offered. These charges can be applied to the student’s fee account, which will then be paid to Student Business Services. University Health Services also accepts all major credit cards, checks (with driver’s license, state issued identification card, or passport), as well as payments from insurance plans.

EMERGENCY MEDICAL SERVICES
Emergencies: 911 | Non-emergency phone: 979.845.1525 | General inquiries: tamuems@ems.tamu.edu

LOCAL EMERGENCY RESPONSE
Emergency Medical Services is a campus-based emergency medical provider that responds to emergencies on the Texas A&M campus. Texas A&M University EMS offers its services to all students, faculty, staff and visitors on the Texas A&M campus and community.

EVENT PRESENCE
Texas A&M University EMS is able to assist in providing medical coverage for events, offering an assortment of services and providing different levels of credentialed staff to meet specific needs. In addition to medical coverage, Texas A&M EMS also offers CPR classes.